

Example Period poverty survey (format might need to be changed I.e. using online survey gizmo etc)

**\*Advisable to keep the survey anonymous**

1. What is your Job Role?
2. Do you menstruate? \*If not then please don’t complete the rest of the survey
3. Do you experience any of the following, please tick to all that apply.

Heavy periods

Endometriosis

Fibroids

Pelvic inflammatory disease

Polycystic ovary syndrome

Any other condition that causes you to have heavier than average periods.

1. Have you ever had to ask a colleague or friend at work for period products?
2. Have you ever called in sick to work due to not having access to period products?
3. If you have been caught out at work without any or enough period products, what have you done? (select all that apply)

Decided you can manage in the short term.

Left your current period product on hoping it will last.

Used something else such as toilet paper.

Left work to purchase period products.

Other

1. If you have left work to purchase period products how long does this roughly take?

Up to 10 mins

Up to 20 mins

Longer than 30 mins

1. Are you struggling to buy period products as a result of the cost-of-living crisis?
2. Are you or have you ever considered taking contraception that stops you menstruating to save money?
3. Would you like to see free period products in your workplace?
4. If you are interested in becoming more active within the union please leave your details below;